

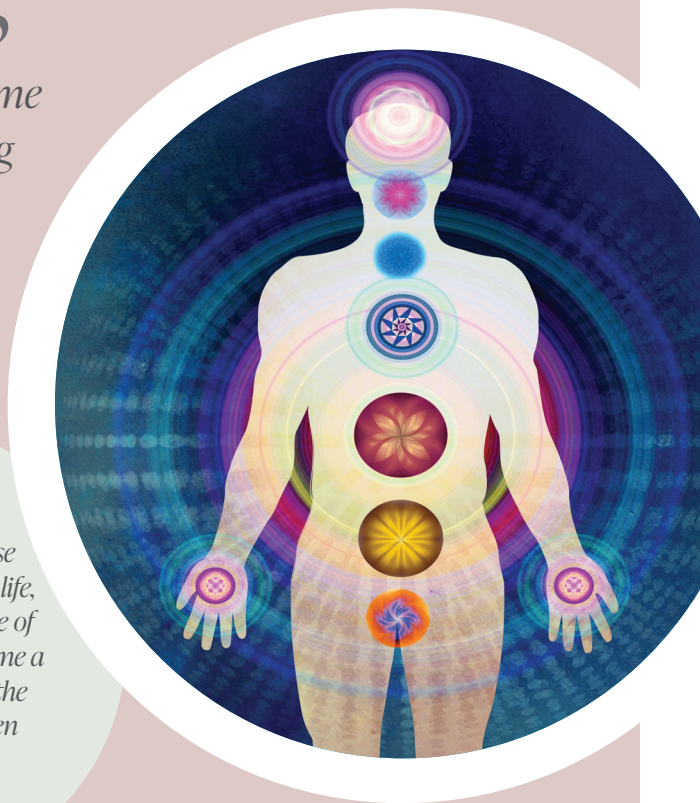
# Subtle Energy Healing

*A two-year part-time accredited training course*



*“This astonishing course has literally changed my life, deepening my knowledge of subtle energy and giving me a greater appreciation of the interconnection between everything.”*

*Georgina, retired teacher*



Unlock your innate ability to use healing energy to help yourself and others



Practice and deepen meditation skills to connect with your higher potential



Study spiritual philosophy to understand more about life and consciousness

## CROWN

*Related gland: pineal*

## AJNA

*Related gland: pituitary*

## THROAT

*Related gland: thyroid*

## HEART

*Related gland: thymus*

## SOLAR PLEXUS

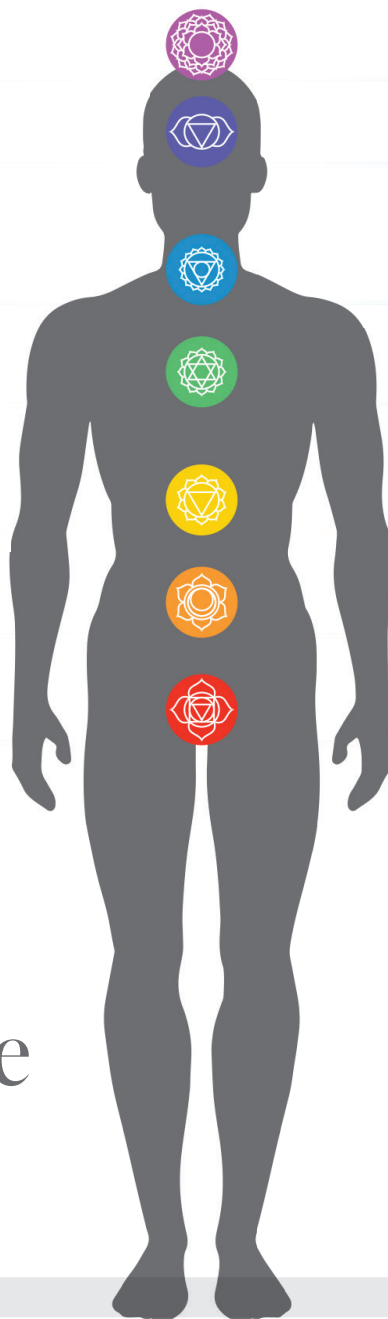
*Related gland: pancreas*

## SACRAL

*Related gland: ovaries/testicles*

## BASE

*Related gland: adrenals*



# Learn how to sense and balance subtle energies

### Energy is the force that animates and vitalises all living things.

This energy flows through and around each of us in a very specific way, creating a subtle energy field that envelops our physical form. The quality of our emotional and mental state also impacts our field.

Many complementary therapies work to balance this energy, recognising that blocked or disrupted flow can manifest as health issues and adverse symptoms.

Most of us are also aware – sometimes unconsciously – of the subtle energies of others.

The Subtle Energy Healing course teaches you how to expand this awareness and consciously sense and rebalance energy to facilitate a healing process.

Training also covers basic human anatomy and physiology – and how this relates to the chakra system – to enable you to uniquely sense the energy field and tailor healing to each individual person you work with. There is never a 'one size fits all' protocol.

Meditation is a core topic – and how to develop a meditation practice that supports the healing work and develops your intuition. And we explore some of the core principals from the Ageless Wisdom tradition of philosophy to seek to better understand ourselves in a wider spiritual context.

More than half of the course is practical, so you will work with other students to both give and receive Subtle Energy Healing. And there is plenty of time to explore and discuss topics and ask questions.

## course structure



The course is taught by Susannah Lawson, a lively and experienced tutor, healthcare professional and practitioner of energy healing. Her own teacher, Dinah Lawson – who has taught Subtle Energy Healing to thousands of students throughout Europe and North America for more than 40 years – will also support some classes.

The course is taught in four parts, covering around 180 learning hours over two years (approximately eight weekends per year, with breaks over the summer and in December). It is deliberately paced to allow time to absorb, assimilate and practice the information you will learn.

Upon successful completion – and following some simple assessments – you can become an accredited member of the **International Network of Energy Healing (INEH)**, which is a registered charity and a member of the Confederation of Healing Organisations. Membership includes insurance to practice, group support, events and an annual conference, plus links to sister INEH organisations around the world.

To see latest course information [click here](#).



## Subtle Energy Healing: *course highlights*

- \* Learn how to uniquely sense the energy field and use powerful techniques to facilitate balance and healing
- \* Develop skills to tailor healing sessions to support each individual you work with
- \* Understand the chakra system and the associated anatomy and physiology of the human body
- \* Practice meditation techniques that support a greater sense of connection and intuition
- \* Explore spiritual philosophy from the Ageless Wisdom tradition to enhance your understanding of life, death and enduring consciousness
- \* Learn how to set up a practice to offer Subtle Energy Healing to others



*International Network  
for Energy Healing*  
**INEH-UK**

For more information, please contact Susannah at [mail@susannah-lawson.co.uk](mailto:mail@susannah-lawson.co.uk) or by calling **07960 020 538**.

*reviews*

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*“Susannah is a gifted, warm-hearted teacher and a wonderfully-positive energy in herself. Her infectious and deep knowledge is grounded in a practical approach which makes this course immediately applicable to 21st century living. The learning is a life skill which you, your friends and family can benefit from, from day one.”*

*Helen, Director of Talent Development*

*“Susannah’s teaching is clear, engaging and skilfully combines explaining detailed knowledge of the systems of the body, with a deep understanding of the esoteric.”*

*Katherine, mental health mentor*

# Subtle Energy Healing

*The next course for 2023/24 is taught on the following weekends (Saturday and Sunday) from 10am to 5pm:*

## **2023 dates:**

15-16 April

20-21 May

17-18 June

16-17 September

14-15 October

18-19 November

## **2024 dates:**

20-21 January

17-18 February

16-17 March

20-21 April

18-19 May

15-16 June

14-15 September

19-20 October

16-17 November

**Please note:** There are no classes in July, August and December

**Venue:** Worcester House, 4 Dragon Street,  
Petersfield, Hampshire GU31 4JD

**Cost:** £185 per weekend (£2775 total cost), inclusive of all tuition, training materials, assessments and support

**Deposit:** £200 payable on enrolment

## **FOR MORE INFORMATION PLEASE CONTACT**

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 [susannah-lawson.co.uk/healing](https://www.susannah-lawson.co.uk/healing)